

Before beginning the newsletter, we have sad news to share. Last night (February 13) our dear friend and neighbor Karen Carlos lost her brave fight with cancer. She had been so positive throughout the process that we actually thought she could beat it a second time, but it attacked her body in so many places there was nothing to be done. This is a great loss for Sun Meadow Estates and for the entire Sun Meadow community. Her ready smile, loving heart, and positive attitude will be sorely missed. This is a photo of Karen from when Joanna magically transformed her into a woodland fairy.



## Valentine Greetings from Sun Meadow

This is how we get to celebrate Valentine's day twice - at the dance last Saturday, and again today, on the official holiday.

Remember we need to know if you'd like to take part in the "Wine and Paint" party on the afternoon of March 3.

We play cards on Tuesdays and Fridays at 1:30, if we have at least three people, and pinochle on Wednesday evenings at 7:30 PM.

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## 1. This Weekend: Mike in Charge

Margie is headed off on a Disney Cruise with her daughter Aimee and 3 grandsons, so Mike will be the solo hotelier until February 28.

—Friday, February 16, 2018—

6:30 PM Dinner

Chicken noodle soup, salad, homemade whole wheat bread



8 PM No Movie



2018 Olympics Continue

We have been recording the olympics since they started, and the binge-watching on the big screen will continue this weekend!

—Saturday, February 17, 2018—

Morning Coffee Is on at 6:30 AM

8 AM Beginner Yoga

A half hour of flexibility and stretching



### 8:30 Walk in the Fitness Area with Terri

Get your juices flowing!  
In nice weather, the walk is outside.

### 8-9:30 AM our hot breakfast (\$7.50 tax included)

Morning glory muffins, bacon or sausage, eggs, toast, juice & coffee.



Continental breakfast (\$4.50 tax included)  
Continental breakfast is FREE with a room

### 12:30 PM Lunch (\$10 tax included—Early Bird Price \$8.50)

Burgers, chips, cookies



4:30 PM Potluck Mezzanine Party  
Bring your favorite beverage and a snack to share.



### 6:30 PM Dinner (\$15 tax included-Early Bird Price \$13)

Spaghetti squash, veggies, dessert



—Sunday, February 18, 2018—

Morning Coffee is on at 6:30 AM

### 8 AM Beginner Yoga

A half hour of flexibility and stretching



### 8:30 Walk in the Fitness Area with Terri

Get your juices flowing!

In nice weather, the walk is outside.

### 8:00–9:30 Hot Breakfast (\$7.50 tax included)

Eggs to order, bacon or sausage, toast, juice & coffee.

Continental breakfast (\$4.50 tax included)

Continental breakfast is FREE with a room



### 12:30 PM Lunch (\$10 tax included-Early Bird Price \$8.50)

Burgers, chips, cookies



### 6:30 PM Our \$6/Free Potluck

Even in the winter, our pot lucks are great. We always have plenty of great food.

Bring something and it's free, or bring \$6 and it's guilt free



## 2. March 2-4: Festival of the Arts, Valinor Quartet

We're excited about the Festival of the Arts! We hope lots of people bring artwork to display. Feel free to bring the artwork you use to decorate your house whether it's a piece created by you or someone else. We will find places around the resort to display the pieces, and make a gallery!

The weekend will feature a Wine and Paint party that Rose will lead for us, and in order to prepare for that we need to know how many are interested. We will supply the canvases and the wine, and Rose will supply the paint and brushes. **We believe that \$10 per person will be enough to cover the cost of the canvases, brushes, paint, and goodies.**

Saturday night we'll have something special for dinner and enjoy the Valinor Quartet.



Valinor Quartet is a unique collaboration between Grammy winning accordionist Victor Prieto and the International String Trio - Slava Tolstoy (guitar), Rob Flax (violin) and Greg Feingold (bass).

The all acoustic Valinor Quartet encompasses the diverse cultural backgrounds of its members, hailing from Russia, Spain and USA to influence its stylistic diversity and unique performance aesthetic. The group's riveting displays utilize a breathtaking range of styles – from classical to Beatles; from Gypsy Jazz to Klezmer, from popular movie soundtracks to Tango and a few surprises in between.

This multi-cultural concert experience instantly appeals to a wide range of audiences; large and small, young and old, from all walks of life. Their eclectic synergy explodes with buoyant energy, intimate acoustic dynamics, stylistically informed phrasing, and loving attention to detail. The group has honed its energetic concert program into an acoustic collection of articulate arrangements, exclusive to this rare instrumentation. Such shared proficiency is seldom seen or heard in today's ever growing market of gimmicks and one dimensional music making.

Tickets to this once-in-a-lifetime event will be \$14.

## 3. March 31-April 1: Easter Dinner & April Fool's Day!



This year, Easter falls on April Fool's Day. We would never mess with you about Easter (maybe about other things!!), and we will have an Easter dinner to celebrate the event with our Sun Meadow

family on Saturday, March 31, and we will have a short sunrise service at 8:30 AM on Sunday. Yes, it's after sunrise, but that's when we get up! Breakfast will be late that morning.

#### 4. April 13-15: AANR-NW Spring Board Meeting at LARC

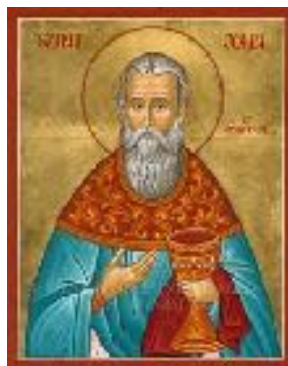
Make plans to attend the Spring Board meeting of AANR-NW this year at LARC. It's always interesting and it's fun to get to know members of other clubs. Sun Meadow is heavily represented on the board: Our co-owner Terri is treasurer, Donna Jennings is Vice President, and Dave Smith is President. All are Sun Meadow members. Even the Secretary, Jim Lahey, is a Sun Meadow shareholder! This year the meeting will be the weekend of April 13-15.

#### 5. Summer Planning Is Beginning

Back from the Montana Performing Arts Consortium, we have several terrific groups in mind, and one actually booked for the Skin to the Wind Festival of Fun. This year's festival will be on Nation Nude Weekend as usual, July 12-15. Besides concerts, sports, a DJ dance, and some workshops, we'll be having a meeting of WINR - that is, Women in Nude Recreation. All women are invited to what could be a lively discussion. This winter, the discussion began when the #MeToo movement erupted. We'd like to come up with positive ways we can respond if something inappropriate happens to us, or if we witness something inappropriate happening to another person, both at a nudist club or in the textile world. We hope you'll join us and add your insight to the conversation. If we think there are too many at the "meeting," we can easily break into two or three groups with a wrap-up session later.

#### 6. Just Passing It On

"The bond between friends cannot be broken by chance; no interval of time or space can destroy it. Not even death itself can part true friends." — St. John Cassian



**Sun Meadow Resort, the Happening Place**

Where the performing arts are appreciated naturally.

The home of year-round skinny-dipping!

We'll visit you again next Wednesday

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